



FOR IMMEDIATE RELEASE

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**INTERREGNUM PRESENTS A COMMUNITY FORUM
“WHEN THE BOUGH BREAKS...”
FEATURING PARENTS WHO SHARE THE GRIEF OF LOSING A CHILD**

*Doron Weber, author of the new, critically acclaimed **Immortal Bird: A Family Memoir**, to participate on panel
led by grief expert Judith Pedersen*

MONTVILLE, NJ, FEBRUARY 28, 2012- On Wednesday, March 28, from 6:00 to 8:00pm, Judith Pedersen, MSW, LSW, FT, founder and executive director of Interregnum Inc., a New Jersey nonprofit organization dedicated to helping people find life after loss, moderates a panel discussion, “When the Bough Breaks...Parents Moving Forward in Their Journey Through Grief.”

“When the Bough Breaks” will feature a presentation by a group of parents whose children have died, followed by a question and answer period. Mothers and fathers will share stories of grief and the challenges they faced in learning to find life after loss.

“Presenting parents who have suffered the loss of a child the opportunity to hear from others who have been through this most traumatic of experiences is extremely helpful and healing,” says Pedersen.

“To see the courage and strength that becomes part of our human reaction in the face of the unthinkable touches all of us. I believe anyone who has suffered the loss of a child will take comfort in hearing what others have done, and continue to do, to move forward with their lives,” adds Pedersen.

The panel of bereaved parents includes Daniel Abut (Summit); Judith Avrin (Totowa); Ruth Gugiciello (Morris Township); Christopher Mattioli

(Mendham); Wendy Sefcik (Montville); and Doron Weber (New York), among others.

Their beloved children died as a result of various causes, including acute illness, suicide, congenital heart disease, an eating disorder, cancer, and Sudden Infant Death Syndrome (SIDS). No matter the cause of death, the parents believe that by sharing their stories, they can provide hope and inspiration to those in the audience.

“I have found strength in telling my story and listening to the stories of others,” says Sefcik. “I’ve learned that there are many people who understand the gripping heartache of losing a child, yet have been able to experience joy and peace in their lives. We have much to learn from one another.”

The event will take place in the Wallace Auditorium at Overlook Medical Center, 99 Beauvoir Avenue, Summit, N.J. There is no charge to attend, but donations are welcome. Light refreshments will be served. Parking is available in the West Garage. Registration is required by calling [1-800-247-9580](tel:1-800-247-9580) or visit “Classes & Events” at www.atlantichealth.org.

Judith Pedersen will also offer an 8-week grief support group at Overlook Medical Center, featuring her Moving Forward™ bereavement support model tailored specifically for parents who have lost children. The group will begin April 11.

For more information, visit www.interregnum.org or call 973-224-6900.

Photography during the forum is not permitted.

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About Interregnum

Interregnum, Inc., Finding life after loss, is a New Jersey 501(c)(3) nonprofit organization offering grief counseling, education, and support. Interregnum Inc. offers bereavement support programs, accredited grief and loss seminars for professionals, community education, and the Hearts of Hope community outreach program.

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